

EMOTIONAL INTELLIGENCE VIRTUAL CERTIFICATION TRAINING

Develop the Essential Skills to Thrive in Today's Dynamic Workplace with our Emotional Intelligence Certification

DECEMBER 15-18
9:30AM TO 12:30 PM ET

Emotional intelligence (EQ-i) is a critical skill needed for individuals to effectively manage employees and lead organizations.

ABOUT OUR PROGRAM

This training will provide participants with the tools and strategies to administer and debrief emotional intelligence assessments and design and deliver emotional intelligence training programs.

EQ ENHANCES



Self-Awareness

Understand your strengths and triggers for greater personal clarity.



Decision Making

Blend logic and emotion for smarter, more effective choices.



Teamwork

Foster collaboration and build stronger professional relationships.



Stress Management

Navigate challenges with resilience and composure.

TOPICS INCLUDE

Interpretation & Debrief

- Review of EQ-i 2.0 assessment tool

Debrief & Coaching Methods

- Self-Perception & Self-Expression
- Interpersonal & Decision Making
- Stress Management & Well-Being

Debrief & Interpretation Practice Coaching, Mentoring, & Teaching

- Coaching & Mentoring Strategies
- Designing and Delivering EQ Debriefs/Workshops/Trainings

LEARNING OBJECTIVES

- Define, understand, and demonstrate an awareness of emotional intelligence.
- Recognize the personal and professional implications of emotional intelligence as it relates to relationship building, decision making, team dynamics, and stress management.
- Administer and debrief the EQ-i 2.0 assessment tool.
- Apply strategies and techniques for enhancing emotional intelligence.

TRAINING INCLUDES

- *The EQ Edge: Emotional Intelligence and Your Success*, written by Steven J. Stein and Howard E. Book
- EQ-i 2.0 Assessment (and personal debrief)
- EQ-i 2.0 Assessment (for future administration)
- Participant Guide including EQ-i 2.0 Technical Data
- EQ-i 2.0 Training Aids

TRAINING SCHEDULE

- Introductory meeting: Monday, December 8, 9:30 AM - 10:30 AM ET
- Training sessions: Monday - Thursday, December 15-18 9:30 AM - 12:30 PM ET (includes breaks)

ABOUT YOUR TRAINER



**Dr. Melissa Furman,
MS, DBS**

*President & Founder of
Career Potential, LLC*

Dr. Melissa Furman has a rich academic background through studying business, counseling, and psychology and serving as the assistant dean at the James M. Hull College of Business at Augusta University. She also served as a faculty member at multiple universities including Johns Hopkins, Emory, UNC-Chapel Hill and Georgia Tech before

hitting the streets to share her expertise. Throughout her experience, Melissa uncovered her true passion for impacting others through workforce, leadership and professional development resulting in the launch of Career Potential, a speaking, consulting, training, and coaching organization. Dr. Melissa Furman is recognized as a developmental expert who combines her credentials, 20 years of leadership experience, and results-driven approach to cultivate genuine connections with her audiences and clients. She tailors her delivery based on the needs of different audiences to effectively tackle tough subjects with refreshingly relatable humor and inspiring messages to take action. Through every service offered, Melissa's main goal is to help professionals and organizations maximize their potential.

"WHEN DEALING WITH PEOPLE, REMEMBER YOU ARE NOT DEALING WITH CREATURES OF LOGIC, BUT WITH CREATURES OF EMOTION."

—Dale Carnegie

TECH REQUIREMENTS

A laptop or desktop computer with internet connection is required for this training. Additionally, a headset is recommended for the audio component. A smartphone, tablet, or iPad is not recommended for viewing the training materials.

ATTENDANCE POLICY

The program is designed for individual participation; therefore, please do not share a computer or workspace with another person during this workshop. Participants completing this training will receive an Emotional Intelligence certification and are eligible to receive 16.0 CEU or SHRM PDC credits. Participation in all online sessions at their currently scheduled day and time is mandatory to receive a completion certificate and any applicable credits. In addition to full participation, participants must complete the post course evaluation to receive the completion certificate.

FINANCIAL INVESTMENT

\$2,200